

<b>THE NHS IN NORTH CENTRAL LONDON</b>	<b>BOROUGHES:</b> BARNET, CAMDEN, ENFIELD, HARINGEY, ISLINGTON <b>WARDS:</b> ALL
<b>REPORT TITLE:</b> Transforming Child and Adolescent Mental Health Services (CAMHS) In-Patient Services for young people living in Barnet, Enfield and Haringey	
<b>REPORT OF</b>  Andrew Williams Interim Borough Director – Haringey NHS North Central London	
<b>FOR SUBMISSION TO:</b> North Central London Joint Health Overview & Scrutiny Committee	<b>DATE:</b> 15 <sup>th</sup> July 2011
<b>SUMMARY OF REPORT:</b>  In 2008, a National Review of Child and Adolescent Mental Health Services took place. Across Barnet, Enfield and Haringey we are committed to developing our local services in line with recommendations from that review, with a focus on ensuring that universal, targeted and highly specialist services work effectively together to provide well integrated child and family centred CAMHS services that respond to individual need. The changes we are proposing in the attached consultation document, will impact on CAMHS services that we currently provide for 12-18 year olds with severe and complex mental health problems, including suicidal behaviour and/or emerging personality disorders, in need of specialist CAMHS services.  In the pre consultation period, as part of the process to develop the new service delivery model, we have looked at current activity and examined the evidence of best practice, and worked with local GPs, clinicians, local authority overview and scrutiny committees, and current and ex service users on an individual and one-to-one basis.  Mental healthcare professionals and commissioners believe that action must be taken to reduce the number of referrals and length of stay at in-patient units through an improved evidence-based care pathway with: <ul style="list-style-type: none"> <li>• New enhanced community outreach teams in each borough based on the Alliance team piloted in Enfield in 2010/11</li> <li>• A single fit-for-purpose in-patient unit which is able to meet the needs of patients currently admitted into the two Barnet Enfield and Haringey Mental Health Trust units, and some patients currently admitted to expensive out-of-area units.</li> <li>• Standard referral criteria across Barnet, Enfield and Haringey.</li> </ul> Subject to the outcome of the current consultation, Northgate, a 12-bedded NHS Report to Joint Health Overview & Scrutiny Committee	

adolescent unit on Edgware Community Hospital site, will close and part of the funding for the unit will be reinvested into an improved community model, including borough based enhanced community outreach teams. The teams will work very closely with and complement existing community CAMHS in each borough, and there will be a central treatment hub offering specialist support. The enhanced community outreach model has been successfully piloted in Enfield through the work of the Alliance Team.

The new service model will:

- Increase the capacity of CAMHS to provide care in the community and at home instead of in a hospital or care home environment
- If a stay in a hospital or residential unit is required, the new service model should reduce length of stays and support earlier discharge into the community
- Improve the skill mix of staff working with young people
- Improve access to a wider range of interventions
- Improve patient safety
- Improve multi-agency partnership working, particularly with schools and local authority children's services.

A public consultation on the proposals started on Tuesday 3<sup>rd</sup> May 2011, and ends on Tuesday 26<sup>th</sup> July 2011. As part of the consultation, the consultation document has been sent to a wide range of stakeholders across Barnet, Enfield and Haringey, and the proposal has or will be discussed at key meetings across the three boroughs, with particular attention given to consultation with young people. To date the response from the meetings that have been held has been essentially positive and in favour of the proposal, and a meeting with representatives from Barnet, Enfield and Haringey children's services has been arranged for 8<sup>th</sup> July 2011. Further work is being carried out with young people and users of CAMHS services to ensure their views are reflected in the consultation report.

CONTACT OFFICER:

Claire Wright  
Head of Children's Commissioning  
Enfield Office  
NHS North Central London

**RECOMMENDATIONS:** The Committee is asked to provide a formal response to the proposals described in the consultation document, which is attached.

**SIGNED:**  \_\_\_\_\_

Andrew Williams  
Interim Borough Director – Haringey  
NHS North Central London

**DATE:** 29<sup>th</sup> June 2011